



香港青少年培育會  
陳南昌紀念學校

# 爆珠園地

2017-2018  
第八期

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時光荏苒，《爆珠園地》自創刊號計起，至今已第八期了。它已成為了本校的周年文集。八年前由中文科統籌，把學生文章、活動花絮、獎項紀錄及家長心聲等內容，集腋成裘製成《爆珠園地》。承蒙讀者錯愛，加上不斷鞭策、斧正，在未來日子，我們一定精益求精，繼續辦好本刊。

今期將繼續為大家送上精彩豐富的內容，讓各位讀者看得輕鬆、讀得愉快！希望能帶給大家不一樣的閱讀感受和新的體驗！

讀者翻閱小作家的作品，定會驚訝他們的年紀雖小，卻能發揮豐富的想像力，以無限的創意泡製出精采的作品，讓我細味童言趣語之餘，有時又會為少年夢想，拍案叫絕，實在令人雀躍萬分。寫作難免有苦悶和孤獨的時候，要孩子視寫作為樂事，並非容易。這本小小的文集輯錄了不同年級學生的作品，讓孩子從不同的領域中透過文字表達自己的看法與感受。這正是小作家努力學習的成果，也是師長的心血結晶，當中蘊含著不少的鼓勵、支持和欣賞。希望各位小作家繼續努力，分享感受，不斷進步。這文集能順利誕生，除了編委的努力外，最重要的當然是各位莘莘學子，不畏艱難，從錯誤中學習，於是積少成多，便成為寶貴的經驗。

在此感謝其他老師的慷慨指導、眾編輯的認真和努力，合力完成這份心血作品。最後，也感謝所有閱讀此文集的人士。您們的支持就是我們付出的推動力！

今年適逢香港青少年培育會成立七十周年。為此，我們特於十二月在本校舉行了七十周年會慶啟動禮及開放日；並於一月假香港仔海濱公園舉行七十周年會慶之服務推廣日。各位可透過今期圖文剪輯，感受箇中熱鬧！

（本刊的編輯如有錯漏之處，希望讀者不吝賜教，給我們提出建議，不勝銘感！）

編者有話



## 幸福不是必然

2B  
徐智煒

何謂「生命鬥士」？「生命鬥士」是一些身體殘缺，但仍然努力去克服困難的人。他們以身作則去鼓勵有困難的人。他們的故事，不但可以令人感動，更對生命帶來啟發。

當你回頭看看自己四肢健全，其實已經很幸運了，所以幸福不是必然的，我相信每個人心中都有一位「生命鬥士」，令我最深刻的人是力克，他是沒有四肢的勇士。他出生於塞爾維亞裔澳洲籍基督教佈道家。他患上先天性四肢切斷症，所以天生就沒四肢，但他卻沒有因此放棄生命，還創辦了慈善機構：「沒有四肢的生命」，他以自己身體殘缺為題材，到世界各地宣揚永不放棄的精神，鼓勵有困難的人。

從他身上我學到了無論天生是否健全，我們都應該積極地面對生活。力克還以自己身體為題材，到世界各地宣揚自己的毅力。這種不屈不撓、永不言敗的、永遠保持心境樂觀的廣闊胸懷，值得我們學習和敬佩，我要以他為榜樣，克服人生路上每一個難關。

## 深刻的體會

5A 陳灝霖

「基礎不穩，做事很難成功」，從小，我就在父母和師長身上聽到這句話，一開始我也不明白這句話的意思。直到那天，我成為了一位拳擊手，還記得那是我人生中的第一場比賽，我被對手壓倒擊敗了。為甚麼呢？那個在街上打架戰無不勝的我，為何會輸了呢？直至這場比賽後的半年，我再沒出現在擂臺上，我一直在尋找著失敗的原因，我終於找到了，原來只是自己的自大、自以為是和不肯練習，完全沒有基礎而導致失敗。

之後，我一直努力練習，每天早上，在天空還未破曉時，便起床跑步鍛煉，重複練習，結束後再吃早餐。下午做體能訓練和搏擊訓練，一直到晚上。到第二天起來，訓練的日程依舊，唯一不同的是我要背負著前天因訓練帶來的肌肉酸痛和一具疲累的身軀，但我知道要成為拳王是沒有捷徑的，成功需要苦幹，所以我一直撐下去，直到比賽那天……

第二次比賽終於來臨了，但這次結果卻和上次不同，這次是由我用壓倒性的力量來擊倒對手，雖然這次的勝利並沒什麼大不了，但卻給了我一些寶貴的經驗，令我成長了。

那天我終於領悟到，父母和師長一直所說的「基礎不穩，做事很難成功」是甚麼意思了。其實這道理，不只是聽聽就能領會的，而是要親身體會才能明白到這句話真諦的。

# 學生創作園地：佳作分享

# 十號臺風的南朗山

2A 甘善斌

南朗山是一個風景不錯的地方，這一天卻被一團團的黑雲襲擊著。

路邊周圍的樹木搖擺不定，狂風起舞的一瞬間，周圍的景物像發狂一樣，一起跳起舞來。

人們的店鋪都緊緊地關上了，不時還會發出響亮的聲音，刺骨的風不斷地吹打著關得緊緊的大門，山頭的樹不斷的搖擺，動物戰戰兢兢地躲起來了，花兒一朵又一朵的被吹走……。

大滴大滴的雨水打在一些想盡快回家的途人身上，雨水像子彈擊中了他們，人們也只好忍著痛楚回家。躲在家中的人緊緊地關著自家的門窗，一邊看著電視，一邊留意天氣的變化，祈求那像猛彈一般的狂風早日消失。

終於，雨過天晴，大家也像平常一般到市場買菜，到公園玩耍，在家中休息。一切也就像回到了暴風雨前期的平靜。

## 守財奴

3B  
巫佳衡

從前有一個守財奴，他為了保住財產，變賣了所有東西，換取一大塊金子。他把金子藏進地洞裏。經常前去獨自賞玩。可是一個僱工發現了這個秘密，趁守財奴不在時，把金子偷走了。守財奴傷心欲絕，只好找朋友傾訴。

朋友聽了守財奴的傾訴後便說：「不要傷心，我幫你找找」。守財奴就說：「謝謝你」。之後守財奴的朋友就教他正確使用錢財的方法。幾天後，守財奴的金子就被他朋友找到了，並把金子還給守財奴，守財奴非常高興，此後他就懂得正確地使用金錢了。朋友看見他這就放心了。其實，守財奴的金子是他的朋友叫人偷走的，他一早就想改正守財奴的陋習，希望守財奴正確地使用金錢。

這個故事說明：我們交朋友時，不要為交那些豬朋狗友，要交一些真正對你好的人，同時也要學會如何正確使用金錢。

## 一位令我敬重的同學

2B 文國軒

一幀照片令我回想起，那時和我一起陳南昌紀念中學渡過兩年的好朋友，他的名字叫做徐智煒。

他的樣子看起來很友善，有一雙水汪汪的眼睛，一個大大的鼻子，一張小小的嘴巴，一張像瓜子般的臉，他一雙大大的耳朵，而且笑起來時還有兩個小酒窩。看見他就會有一種親切的感覺，所以我們的感情就像親兄弟一樣。

雖然有時候我們會為了一些小事而吵架，但是當大家有困難的時候，我們也會互相幫忙。我記得有一次在小息的時候，我和其他同學去操場遊玩，天空突然下起了大雨，然後我們立刻跑回課室。但是當我回到課室的時候，我卻發現筆袋不翼而飛。徐智煒立刻跑去我曾去過的地方幫我找，不管下着多猖狂的雨箭，他也奮不顧身，不顧一切地幫我找到了筆袋。

我能認識一位這樣的朋友，我真是感到十分幸運，他就像太陽，給我灰暗的世界裏增添了無限的色彩，所以他是我最值得我敬重的同學。

## 平凡人的偉大

5A 何浩明

在歷史的長河中，有很多名留青史的偉大人物。他的生平事蹟都被留傳下來。但有一句話卻令我有非常深刻的印象——「很多人看似平凡，但其實十分偉大」。

這句話令我深思了很久：我們是不是只需要尊重那些名留青史的人物呢？而不用去尊重一直在背後默默付出，而沒有被歷史記載的人物？我舉一個例子吧！在過往世界發生了許多場戰爭，而一場戰爭也是需要許多糧食去支持的，那麼這些糧食是從哪裏來的呢？就是依靠農民種植出來的農作物去製造糧食。光就這一點，我們就應該對農民表達尊重和敬意，感謝他們偉大的付出！可是從來沒有人出來表達對農民的偉大作出讚頌，所以我對此感到悲哀，明明一直在背後默默付出，卻無法得到任何的回報。

其實除了農民，我認為世界上的人都在為推動世界前進而各自努力。每個人類都為了生存而努力中，而在生存的過程中，都會有意無意地為人類世界帶來一些變化，相對來說，其實每個人都可以成為改變世界和名留青史的那個人，唯一決定性的條件就是你自己能否緊握這個機會去實現。所以我一直堅信着「很多人看似平凡，但其實十分偉大。」這句話。也將其作為人生格言。那怕我現在十分平凡，我也會努力生存，希望終有一天能成為一個偉大的人。

## 刺激的旅程

2A 曾文軒

上個星期，我和家人去了臺灣旅行。我遇上了一件既危險又刺激的事。

剛到臺灣，那天天氣很好，風和日麗，上天像歡迎我們來到臺灣。可是沒多久，我肚子餓了，所以我先去買東西吃，可能是因為太餓的關係。我選擇衝紅燈，可是當我一衝出去馬路時，我便摔倒了，突然一輛汽車衝出來，那時我心想：「完蛋了」。

醒來後，我發覺自己並不是在醫院，而是在一個陰暗的洞穴，洞穴比我身高還大好幾倍，而且我身邊還有好幾隻跟我一樣大的螞蟻。糟糕！這是甚麼地方，我大喊：「救命」，可是身邊全部都是螞蟻，沒有一個人能救我。忽然有人回答了我的話：「救甚麼命，還不快去保護洞穴？」這時我才發覺自己變成了一隻螞蟻，我心想：「難道我一輩子也不能做回人嗎？」正當我思考著這個問題時，其他螞蟻已將我推出去作戰了。

對方是另一批紅火蟻，他們為食物而跟我們爭鬥，大敵當前，就算我是人也要幫忙，更何況我現在是一隻螞蟻，目前最要緊的是保住性命做回人。由於雙方實力相差太大，我們兵敗如山倒，正當我快要被殺死之際，我突然醒來。

原來剛剛只是一場夢，我被車撞倒後昏迷了，這真是一段刺激的旅程。





## **My favourite sport**     1A Cheung Ting Yui

My favourite sport is basketball. It is a famous sport.

I first played basketball when I was thirteen years old. I played it in school. Now, I often play basketball with my friends and classmates in school. I need a basketball to play the sport. I usually wear a T-shirt and shorts. I also need a pair of sports shoes.

To play basketball well, you need to be a team player and be cooperative. Basketball is good for your health. You can also make a lot of new friends. I like basketball because it is exciting. It makes me feel happy and stay fit.

## **My personal webpage**

### **About me**

My name is Dream. I am fourteen years old. I have dark hair with a fringe and wear glasses. I am moody. I am sometimes energetic and sometimes upset. I like playing video games because it is fun.

### **My school life**

I usually attend lessons at school. I like music because it is interesting. I am the only student in Secondary One to join the Speech Festival. I always practise every day after school.

### **My new friend**

My new friend is called John. He is twelve years old. He is tall and wears glasses. His interests are reading books and playing piano. He is cheerful and energetic. He likes to tell jokes and smiles.

1A Mohamed Tsz Yiu

## **My dream school**

1B Zhu Yu

**Legendary Secondary School**  
A new school in Quarry Bay

### **Our facilities**

We have an English Learning Centre. We can learn English there. There is a colourful art room. We can draw pictures and develop our artistic talent. Also, there is a well-equipped music room. We can play piano and sing songs there.

### **School clubs**

We have a Drama Club. We do a different play every year. My favourite club is the Basketball Club. We practise basketball once a week. We have a big and spacious basketball court.

Are you interested in joining a Football Club? You should come to my school, because we practise football every Thursday in a very nice football field.

Call 2324 2324 or visit our website [www.lss.edu.hk](http://www.lss.edu.hk) to learn more about this famous school.

## **My dream school**

1B Chan Cheuk Him

**CBA Secondary School**  
A homely and well-equipped school in Sha Tin

### **Our facilities**

We have a greenhouse. We can grow beautiful flowers and plants such as tomatoes, potatoes and carrots. There is a tuck shop. We can buy yummy snacks and drinks. Also, there is a computer room. We can learn how to design our own personal website.

### **School clubs**

We have a Book Club. We can read books and share thoughts. My favourite club is Football Club. We practise football every Thursday. Are you interested in watching films? We have a Film Club. We can watch popular films.

Call 2172 6314 or visit our website [www.cba.edu.hk](http://www.cba.edu.hk) to learn more about this famous school.

## A Wonderful Day

4A Kenneth Chan

I am really excited recently because I had a wonderful day with Pat.

Last Saturday, Pat and I had a wonderful breakfast at Sweet Restaurant of Wan Chai. After the breakfast, we went to the Golden Bauhinia Square and saw the flag raising ceremony. When we were there, we were attracted by the panoramic harbour view. I held her hand tightly and took some photos to remember this impressive moment.

After the ceremony, we went to a studio. When we arrived, we were amazed. Do you know why? It is because the studio was really big. There were three big rooms in total. One of the rooms was reserved for singers. The director was really incredible. He praised us and invited us to record some songs. After recording, we left the studio happily.

Pat and I wanted to do something different in the afternoon. We went to Mega Box for shopping. However, when we saw the rink, we bought two tickets and went ice-skating. I was really excited because I did not do that before. I fell down a lot, but I learnt a lot from that. After ice-skating, we hung out and bought some souvenirs for our friends. Although the souvenirs were expensive, our friends deserved to get them.

In the evening, we had dinner in the Happy Restaurant of Central. We ordered a medium rare steak and truffle spaghetti. In a coincidence, I met my best friend Angel. We were very surprised and both laughed together. It was really a wonderful day for me!

## The person I admire most – Barack Hussein Obama

6A Ivan Au

Barack Hussein Obama, the 44th president of the United States. He was also the first African American president of the United States.

Obama was born in 1961 in Hawaii. After graduating from Columbia University in 1983, he worked as a community organizer in Chicago. In 1988, he enrolled in Harvard Law School. After graduation, he becomes a civil rights attorney and professor. In 2004, Obama received national attention and was nominated for president in 2008. He was elected over republican John McCain in 2009 and became the president of the United States.

I would like to be friends with Obama because he is very friendly. During his presidency, he visited Hanoi in 2016. He had dinner with Bourdain at a very small local restaurant. They ordered very cheap local food. He did not mind to dine with the local people in such a small place.

The most interesting fact I learnt from Obama was that we need to believe ourselves. He was the first African American president of the United States. Some people even think that he is not eligible to get the presidential nomination. However, with his determination and hard work, he showed the world that if you know what you want and fight for it, anything is possible. You will eventually get what you want.

I really admire Barack Hussein Obama. He is inspiring and has had a good influence on millions of people.

## Letter of complaint

5A Eason Law

Dear Sir/ Madam,

I have just celebrated my birthday with my friends last week at your restaurant and would like to thank you for the delicious food served. As a frequent customer at your cosy restaurant, I have had lot of lovely moments with the tasty food, nice staff and excellent service over the years. However, the perfect memory was let down by an incident last week which I wish to share with you.

The service I enjoyed throughout my experiences at your place has long been one of the main reasons I put your restaurant top of my list. Unfortunately, that was exactly the part that ruined the party. The staff kept talking to my friends from the Mainland China in English or mixed-code but it was obvious that my friends were not the best in handling the language. It was a bit annoying and disrespectful because the staff were undoubtedly capable of speaking in Cantonese. My friends carried a long face when the language barrier arose, too.

The situation was embarrassing but I accept that we as citizens in such an international city, could be better equipped with the international language. Nevertheless, before we can make drastic progress in mastering the foreign language, I hope your staff can be lenient towards the helpless customers. Thank you for your kind attention and have a nice day.

Yours faithfully,  
Chris Wong

## Letter of complaint

5A Ho Ho Ming

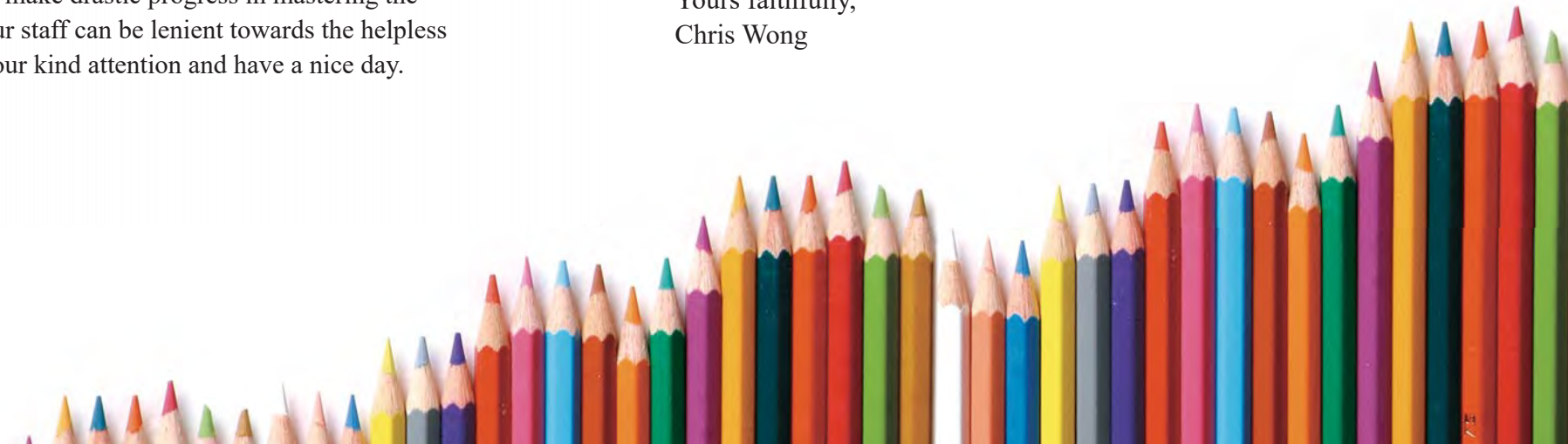
Dear Sir/ Madam,

I would like to thank your airline for taking me to the beautiful city of Tokyo during the summer time. The flight of your plane was cosy, the flight crew was professional and the in-flight meal was definitely one of the best I have ever had. Nonetheless, it was the handling of my luggage that went wrong and denied a 10 out of 10 for this lovely trip.

On my way back from Tokyo to Hong Kong, I opted for your company's delivery service to send my luggage which contained all my 'omey-age' (souvenirs) inside. All those souvenirs are from the Tokyo One Piece Tower which I have kept a close eye on for more than a year. It was really mind-blowing when I got to know that my luggage was lost with no reason provided and without a trace.

I really hope the situation can be resolved in no time and my One Piece collection will be back with me someday. Please kindly follow the case closely and contact me at 9999 0000 if needed. Thanks a lot.

Yours faithfully,  
Chris Wong





# 陝港姊妹學校

# 師生文化交流



2018年，是香港青少年培育會70周年喜慶之年，藉着會慶之際，香港青少年培育會陳南昌紀念學校與陝西省西安市102中學於2018年1月1日正式締結為「姊妹學校」，推動中港兩地教育交流與合作。兩校本着「雙方自願、相互交流、相互促進、共同協商」的原則，共同建立互往學習交流等合作關係，在協議期內將展開一系列研學交流活動。

◆ 兩校互贈紀念品



五天四夜的西安之行，行程豐富，本校師生到訪了西安市兩所中學，參觀了西安古城的名勝古跡。交流活動為師生提供不同的學習經歷，加深學員對祖國歷史、中華文化的認識。通過研學活動，促進兩地三校的學習交流、建立友誼、令學生增長見聞、開闊視野。



◆ 西安歷史紀念館研習



◆ 參觀閻良航空學院



◆ 於育才中學課堂體驗



◆ 兩地學生於育才中學音樂交流



◆ 參觀西安歷史紀念館



◆ 2018年5月31日，「香港青少年培育會執行委員會」親自率領院校職員及學生，一共52人前往西安，「陝港姊妹學校師生文化交流活動」於當日下午在西安市102中學正式拉開了序幕。

# 活動多繽紛



◆ 70周年會慶特備活動：製作太陽能電力車



◆ 周年越野跑—友校邀請賽



◆ 七十周年會慶啟動禮暨開放日



◆ 陸運會—4 x 100接力賽



◆ 毅行者整裝待發



◆ 校長盾足球賽—師生賽入球剎那





◆「匯聚關愛」服務推廣日



◆優閒下午茶



◆曹公潭親子日營



◆反黑講座

### 第69屆香港學校朗誦

|         |     |  |
|---------|-----|--|
| 中文詩詞獨誦  | 良好獎 | 1A 麥子耀<br>2C 譚旻軒<br>2C 沈堅誠<br>4A 吳鎧聰<br>4A 劉冠軒 |
| 普通話詩詞獨誦 | 良好獎 | 1B 陳卓謙<br>2C 鄧焯謙                               |
| 英文詩詞獨誦  | 優良獎 | 1A 麥子耀<br>4A 陳子傑                               |
|         | 良好獎 | 3B 劉偉軒<br>3B 李浩賢<br>4A 梁樂恆<br>4A 吳鎧聰           |

### 群育盃

|               |    |  |
|---------------|----|--|
| 棋藝            | 殿軍 | 2C 連振亦<br>2C 關智聰<br>3A 廖振靈<br>5A 何浩明                     |
| 數學及通識<br>問答比賽 | 亞軍 | 2C 盧昱達<br>2C 何卓文<br>3C 劉文熙<br>3C 祝啟鴻<br>5A 何浩明<br>5A 羅苡宸 |

### 學界田徑賽

|           |                  |        |
|-----------|------------------|--------|
| 男子乙組100米欄 | 18.61秒<br>(達標證書) | 3B 鄧軒皓 |
| 男子乙組200米  | 27.19秒<br>(達標證書) | 3B 鄧軒皓 |

### 第36屆蜆殼/港島青商展能學童獎學金

|          |     |                            |
|----------|-----|----------------------------|
| 「多元展能計劃」 | 得獎者 | 2C 沈堅誠<br>5A 陳灝霖<br>5A 何明沖 |
|----------|-----|----------------------------|

### 香港仔坊會

## 表演嘉賓

|           |      |  |
|-----------|------|--|
| 全港長者花式體操節 | 表演嘉賓 | 陳南昌紀念學校樂隊<br>隊員：2B 何薪祥<br>3B 蔡東鵬<br>3C 祝啟鴻<br>3C 劉交熙<br>舊生：袁海峯 |
|-----------|------|--|

### 第36屆蜆殼/港島青商展能學童獎學金

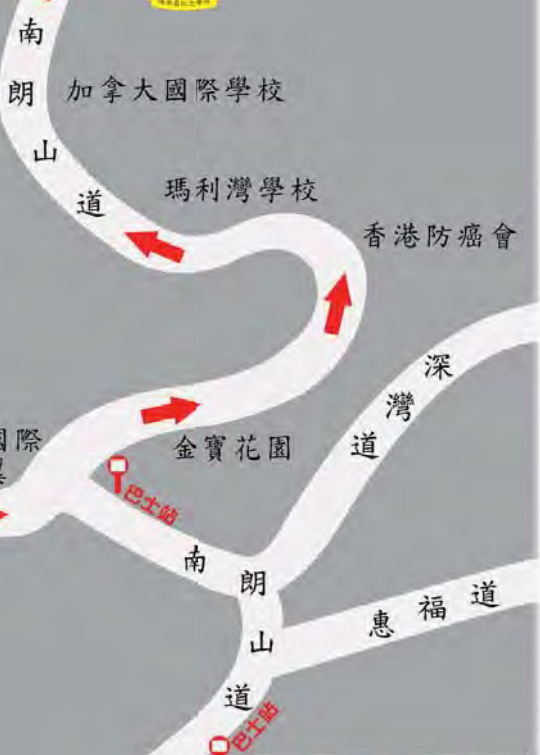
|                                    |      |  |
|------------------------------------|------|--|
| 第36屆蜆殼/港島<br>青商展能學童獎學金<br>「多元展能計劃」 | 表演嘉賓 | 陳南昌紀念學校樂隊<br>隊員：2B 何薪祥<br>3B 蔡東鵬<br>3C 祝啟鴻<br>3C 劉交熙<br>舊生：袁海峯 |
|------------------------------------|------|--|



香港青少年培育會  
陳南昌紀念學校  
香港黃竹坑南朗山道38號


乘坐本會會車  
候車處行車時間表

|          |          |
|----------|----------|
| 08:55 上午 | 03:45 下午 |
| 09:55 上午 | 04:15 下午 |
| 12:55 下午 | 04:50 下午 |
| 01:20 下午 | 05:20 下午 |
| 01:57 下午 | 05:50 下午 |
| 02:55 下午 |          |



乘坐本會會車  
候車處行車時間表

|          |          |
|----------|----------|
| 08:48 上午 | 02:18 下午 |
| 09:48 上午 | 03:38 下午 |
| 10:08 上午 | 04:08 下午 |
| 12:48 下午 | 04:35 下午 |
| 01:13 下午 | 05:05 下午 |
| 01:50 下午 | 05:35 下午 |

 本會會車服務時間為星期一至星期五，星期六、日及公眾假期需致電本會查詢。

 由新加坡國際學校新翼步行往本會約12分鐘

經南朗山道公共巴士路線

|               |              |
|---------------|--------------|
| 48號-華富(北)     | 71號-中環(永和街)  |
| 72A號-銅鑼灣(摩頓台) | 75號-中環(交易廣場) |
| 78號-華貴邨       | 107號-九龍灣     |